

# Stephen J. Petteruti, D.O.

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## EDUCATION

**Tufts University** 1982

*B.A. Cum Laude, English*

**Doctor of Osteopathy: D.O.** 1987

*Philadelphia College of Osteopathic Medicine*

**Internship and Residency** 1987 - 1990

Family Practice, Martin Army Hospital,  
Fort Benning, Georgia Full-time Faculty Staff, Accredited by AMA and AOA

Dewitt Army Hospital – Fort Belvoir, Virginia 1990 - 1994

Full-time Faculty Staff

## CERTIFICATIONS

- Diplomate, National Board of Osteopathic Examiners 1988
- American Board of Family Practice 1990
- American Board of Bariatric Medicine 2005
- American Academy of Anti-Aging Medicine 2012
- ACLS 2007

## PROFESSIONAL EXPERIENCE

Intellectual Medicine 120 2012 - Present

### **Medical Director/Physician**

- Life extension medicine uses advanced medical, hormonal, nutritional, and complementary new techniques to delay the aging process.
- IM120 Weight Loss gives a non-surgical approach to managing medically significant weight with nutritional, behavioral, and pharmacological therapy.
- Aesthetic medicine utilizes non-surgical procedures to smooth skin, shrink fat deposits, body sculpt, and reverse the signs of aging and UV damage.
- IV vitamin therapies including chelation, high dose vitamin C, mistletoe and lifestyle drips.
- Concierge Medicine - 200 clients

Private Practice, *Warwick RI* 1994 – 2014

**Physician**, Petteruti Family Practice

- Manage approximately 4,000 patients
- Practice completely electronic
- Meaningful Use Medical Home Level 1

*Pawtucket Memorial Emergency Room, Part-Time* 1994 - 1995

*Medical Director, South County Nursing Home* 1994 - 1997

*House Officer, Kent County Memorial Hospital, Rhode Island* 1994 - 1996

*Emergency Room, Independent Contractor* 1998 - 1999

*Founder & Medical Director: Dermalite Aesthetic Medicine Center* 2003 - 2009

*Clinical Instructor:* – Petteruti Family Medicine

- Supervise and train medical students doing their Family Medicine clinical rotation
  - Best practices for innovative leadership and advocacy for family medicine
  - Acute and chronic care
  - Health Promotion/Disease Prevention (HP/DP)
  - Bedside teaching on rounds at Kent County Memorial Hospital, RI

*Dewitt Army Hospital, Fort Belvoir, Virginia* 1990 - 1994

**Staff Physician**, Department of Family Practice.

- Behavioral Science Coordinator, Family Practice Residency Program
- ACLS Instructor, ATLS, PALS, Army Combat Casualty Course

## **AWARDS & HONORS**

**Patients' Choice Award-** 2010, 2011, 2013, 2014, 2015, 2016, 2017, 2018

- Patients' Choice recognition reflects the difference a particular physician has made in the lives of his/her patients. The honor is bestowed to physicians who have received near perfect scores, as voted by patients.

**Compassionate Doctor Recognition-** 2010, 2011, 2013, 2015, 2016, 2017, 2018

- Compassionate Doctor certification is granted to physicians who treat their patients with the utmost kindness. The honor is granted based on a physician's overall and bedside manner scores.

**Bridges to Excellence Medical Home Recognition**

- The Bridges to Excellence® (BTE) Bridges to Excellence Medical Home Recognition™ Program is designed to recognize and reward physicians who deliver superior care for patients.

**NCQA Physician Practice Connections - Patient Centered Medical Home**

## **EXTRAMURAL SERVICE**

**Author**, *The Good Men Project*

2012 - Present

Community of 21st Century thought leaders around the issue of men's roles in modern life.

- Articles included: Bringing Back your Virility the Natural Way, A Man's Guide to Understanding Menopause, Preventing Osteoporosis in Men, Hormonal Support: How Testosterone Works, Don't Skip That Flu Shot, Circumcision: Cut the Skin?, Medical Tips for that Special Getaway.

**Author, *The Cancer Machine***

2017

Fiction Novel - A Medical student discovers a cure for cancer, but if he wants to share it with the world, he will have to dodge assassin's, corrupt executives, and the long arm of the pharmaceutical industry.

### **PROFESSIONAL MEMBERSHIPS**

- The American Academy of Family Physicians 1987
- The Obesity Society 2009
- The American Academy of Anti-Aging Medicine 2012
- The American Society of Bariatric Physicians 2006
- The American Academy of Osteopathy 1987
- RI Society of Osteopathic Physicians 2010

### **PRESENTATIONS**

- SECOM – Southeastern Conference on Osteopathic Medicine 2009
  - Advances in Medical Weight Loss
- Kent County Hospital, Rhode Island 2010
  - Pathophysiology of Weight Loss
- SECOM – Southeastern Conference on Osteopathic Medicine 2012
  - Advances in Medical Weight Loss
- IM120 Lecture Series, Rhode Island 2013
  - Medical Weight Loss - finally the cure
  - Introduction to anti-aging medicine: Living to 100 with a young brain and body
  - Anti-Aging Medicine: The art and science of male hormone support
  - Over-the-counter supplements for weight loss: Understanding the best combinations.
  - Stop the menopausal fade. The use of bioidentical hormones
  - The best and safest drugs for weight loss
  - Medical weight loss: Choosing the best foods and review of most popular diets.
  - Anti-aging medicine: Reviving and maintaining youthful sexual function for men.
  - Anti-aging medicine: Reviving and maintaining youthful sexual function for women.
  - Regenerative medicine: Keeping mom and dad out of the nursing home.
  - Brain fitness: Preventing dementia and cognitive decline in middle-age.
  - Cancer prevention: Cellular medicine to reduce your risk.
  - Complementary Cancer Care: Living your best life with cancer.